

# **How to Operate Your Water Bath**

## **Preparation**

- **1. Watch & read:** View our instructional video on reheating and read the Roband Operating Instructions before using the water bath.
- **2. Check the element guard**: Ensure the perforated element guard is securely in place, covering the heating element.

## **Operation**

- **1. Turn on the power:** Switch on the power supply at the wall, ensuring the power cable does not touch any hot parts of the machine.
- **2. Fill with water:** Using the 3-litre jug provided, add 10 litres of fresh, warm water to the water bath.
- 3. Preheat the water: Place the lid on the water bath and set it to the highest temperature to preheat. Allow approximately 30 minutes for the water to reach boiling.

## **Everyday Cleaning**

 Refer to the cleaning guide: After each use, refer to the Water Bath Cleaning Instructions information sheet provided for detailed cleaning steps.

**Safety Tip 1**: Always wear heat proof gloves when handling the metal lid, as well as the hot food pouches.



## **Reheating Food**

- Add food pouches: Carefully place unopened food pouches into the simmering water.
  Maximum capacity: 4 large pouches or 6 small pouches. Ensure pouches are fully submerged; add more hot water if necessary.
- 2. Reheating time: Heat for a minimum of 50 minutes and no longer than 1 hour. Reheating times may vary based on the number and density of pouches.
- 3. Check food temperature: Ensure food reaches a minimum of 75°C before serving. Use a thermometer to check the temperature by piercing the bag. Note: The water bath temperature gauge does not reflect the food temperature.
- **4. If needed:** If the food has not reached 75°C, transfer the contents to a microwave-safe container and heat in a microwave until it reaches the required temperature.

## **Reheating Vegetables**

**1. Recommendation**: Heat vegetables in the microwave.

**Safety Tip 2:** Before opening the lid, tilt the lid releasing the steam from the back to avoid any burns to the arms.



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