



Friday 25-DEC - Week 3

Day & Date of Menu Service



ABC

Your Centre Code



0241451-D6-C255912

Please confirm your quantities and allergy / alternate meals are correct and received upon delivery against this packing list. Call the KGF office on 1300 870 054 ASAP if you have any described items missing.

Please call our office immediately if your delivery is incorrect

### Baby Purees

- ☐ 1 **(300ml (Small))** Beef, Red Lentil, Potato, Carrot
- ☐ 1 **(300ml (Small))** Cauliflower, Sweet Potato & Pumpkin
- ☐ 1 **(300ml (Small))** Apple & Peach Semolina
- ☐ 1 **(300ml (Small))** Apple, Rice Cereal - Use on: 26-Dec-2016

Ingredients: Beef - mince premium, Lentil - red, iron fortified rice cereal (Sunflower seeds, Rice), Tomato - paste, Carrot - fresh, Parsley - dried flakes, Pumpkin - fresh, Cauliflower - fresh, Sweet potato - fresh, Apple - diced, Semolina - fine, Peach - tinned, halves, in juice, Apple - dried slices, Apricot - tinned halves, Iron fortified rice cereal

Next day's Morning Tea Puree

### Lunch (Main Menu)

- ☐ 10 **(Small)** Beef Stroganoff
- ☐ 8 **(Large)** Jasmine Rice

Ingredients: Beef - mince premium, Beef - strips, Garlic - fresh, Onion - fresh, Rice flour, Sour cream - full cream, Tomato - crushed, Tomato - paste, Gravy powder (Salt, Yeast, Garlic, Pepper, Canola Oil, Celery, Corn, Corn, Onion, Potato, Tomato), Mushroom - buttons, Carrot - fresh, Canola Oil - pure, Paprika - red, Carrot (Side Vegetable), Zucchini (Side Vegetable), Rice - jasmine, Salt, Water, Canola Oil - pure

Meal suitable for: 2(Cameron R), 5(Nicholas C), 8(Jemima) 9(Sophie), 12(Haarlem F), 15(Dylan R)

Lunch is suitable for the listed children with Allergies

### Lunch (Accompaniment)

- ☐ 3 **(Large)** Mixed Vegetables (Carrot, Zucchini)

Ingredients: Zucchini - green, Carrot - fresh

### Afternoon Tea

- ☐ 4 **(480ml (Medium))** Spiced Corn, Tomato & Chickpea Dip
- ☐ 5 **(15 Pieces)** Focaccia Bread (1 per child)
- ☐ 1 **(5 Pieces)** Focaccia Bread (1 per child)
- ☐ 1 **(3 Pieces)** Focaccia Bread (1 per child)

Ingredients: Focaccia Bread (Sugar, Yeast, Wheat flour, Mixed Herbs, Olive Oil), Salt, Tomato - crushed, Creamed Corn (Sugar, Corn), Sweet chilli sauce (Salt, Sugar, Vinegar, Chilli, Garlic, Corn), Corn Relish (Masterfoods) (Mustard, Salt, Sugar, Water, Cinnamon, Cloves, Garlic, Nutmeg, Pepper, Turmeric, Artificial preservatives, Capsicum, Celery, Corn, Corn, Onion), Apple - sliced, Focaccia Bread

Alternative required for: 10(Valentina S), 13(Oscar B), 18(Owen King)

This meal is NOT suitable for the listed children with Allergies

### Morning Tea

- ☐ 9 **(10 Pieces)** Fruit Yoghurt

Ingredients: Yoghurt - fruit

Alternative required for: 4(Ruby C), 6(Cruz S), 10(Valentina S)

This meal is NOT suitable for the listed children with Allergies

### Allergy (Menu A1)

- ☐ 3 Beef, Mushroom & Tomato Stew, Jasmine Rice

Ingredients: Beef - mince premium, Beef - mince 2nd, Garlic - fresh, Rice - jasmine, Onion - fresh, Rice flour, Tomato - crushed, Tomato - paste, Gravy powder (Salt, Yeast, Garlic, Pepper, Canola Oil, Celery, Corn, Corn, Onion, Potato, Tomato), Mushroom - buttons, Carrot - fresh, Canola Oil - pure, Paprika - red, Carrot (Side Vegetable), Zucchini (Side Vegetable)

Meal suitable for: 6(Cruz S), 13(Oscar B), 18(Owen King)

Separate Meals for children with Allergy Profiles that are unable to eat the Main Lunch

### Allergy (Basics 1)

- ☐ 2 Beef, Jasmine Rice, Carrot, Zucchini

Ingredients: Beef - mince 2nd, Rice - jasmine, Zucchini - green, Carrot - fresh

Meal suitable for: 10(Valentina S), 14(Patrick F)

### Allergy (Menu V)

- ☐ 1 Chickpea & Potato Stroganoff, Jasmine Rice

Ingredients: Chickpeas - tinned, Garlic - fresh, Rice - jasmine, Potato - fresh, Sour cream - full cream, Tomato - crushed, Gravy powder (Salt, Yeast, Garlic, Pepper, Canola Oil, Celery, Corn, Corn, Onion, Potato, Tomato), Mushroom - buttons, Carrot - fresh, Canola Oil - pure, Paprika - red, Apple - sliced, Carrot (Side Vegetable)