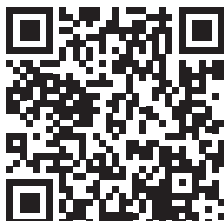
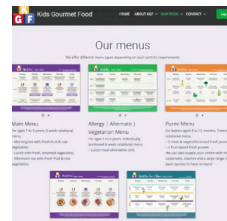




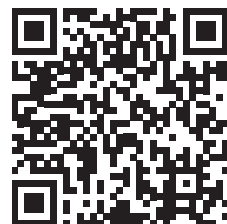
QR Codes for Tutorial Videos



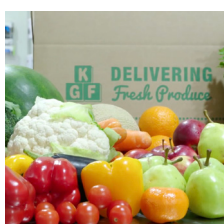
PLACING YOUR ORDER



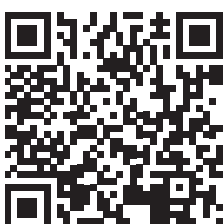
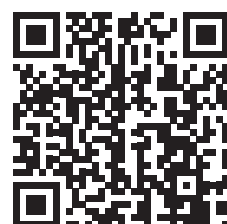
ORDERING FROM THE PANTRY



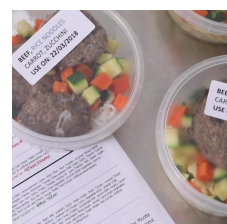
READING YOUR
DAILY PACK SHEET



UNPACKING YOUR ORDER



ALLERGY MEAL LABELLING



REHEATING YOUR MEALS



HOW TO PREPARE FRUIT



022025